

Mobility Physical Therapy

19232 Seaclyff Drive
Edmonds, WA 98002-
Phone (425) 555-7890 Fax (425) 555-3454

Occupational Therapy

OT EVALUATION

Patient: Clancy, Stan

Date 17-Apr-07

Dx #1 817.0 - Fractures (multiples of hand, closed) - Left

Date of Birth 12-Oct-67 **Age** 41

Gender Male

Claim 993.3

Account 993

Occupation Press operator

Employer Rockville Industries

Employment Full Time

Date of Onset 06-Mar-07 **Start of Care** 17-Apr-07

Physician Cummins, Bob C NPI: 8901234567

Insurance pemco

Occupational Profile

OCCUPATIONAL HISTORY / EXPERIENCE

15 years as tool press operator

SKILLS

Leadership as shift foreman, safety trainer on variety of tool press machines

SPECIAL TRAINING

Certification in TPR, SMC

PATTERNS OF LIVING

Lives independently with wife and 3 young children in single family dwelling; does own home and yard maintenance; drives self to work; plays softball 2x/wk

PERSONAL INTERESTS

model train building, golf, softball

PRIOR LEVEL OF FUNCTION

independent

History

CURRENT SYMPTOMS

Constant L hand and forearm pain - severe to moderate intensity - "never goes away"; loss of functional use L hand; past few days pain radiating up arm into L shld and neck

MEDICATIONS anti-inflammatory and OTC pain medications

MED HISTORY

SURGERY DATE

DIAGNOSTIC STUDIES

MRI (4/1/2007) - non-healing of bone, extensive fluid accumulation L 4th and 5th metacarpals

Living Environment

ACCESSIBILITY TO THE HOME

independent

CURRENT ADAPTIVE EQUIPMENT

L hand/wrist splint

CAREGIVER Yes No

Examination

ROM	Elbow			Wrist			Ring Finger		
	Movement	Right	Left	Movement	Right	Left	Movement	Right	Left
	FLX	110	80	FLX	70	12	MCP Flx/Ext		12/-12
	EXT	180	180	EXT	35	-8	PIP Flx/Ext		15/-10
	PRON	45	45	RD	24	10	DIP Flx/Ext		8/10
	SUP	37	-10	UD	20	0			

Loss of mobility at 2, 3, 4, 5 digit MCP joints, significant loss of flexion and extension at L 3rd, 4th, and 5th PIP and DIP joints

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STRENGTH

Muscle / Action	Right	Left	Muscle / Action	Right	Left
abductor pol.longus	5	4-			
ext.carpi radialis	5	3+			
ext.carpi ulnaris	4	3-			
Flx carpi radialis	5	3-			

Pain, tenderness, and loss mobility in L 4th and 5th digits prevent measurement of strength in these areas

PAIN Current 5 At rest 5 With activity 8 **VITAL SIGNS** Blood pressure 130 / 81 Pulse 72

Patient trying to reduce amount of pain mediations taken daily, trying to use anti-inflammatory and over the counter pain medications, Dr. will evaluate pain meds in 2 days.

NEURO-MUSCULAR SYSTEM

Balance

Normal

Motor function

Reduced motor function L hand and forearm; especially ulnar aspect

Vestibular testin

Not tested

Motor skills

Delayed motor functions L hand and forearm

Finger dexterity

Good finger dexterity in L index and middle fingers, also thumb

Proprioceptive skills

Reduced proprioceptive responses L hand and forearm; remains normal in L elbow to shld regions

Comments

COGNITIVE / AWARENESS

Normal

MOBILITY

Gait Normal

Stairs Normal

Transfers independent

Comments comments

ADLs Support key: 0 = requires no set-up or help from staff 1 = set-up help only 2 = needs one person assist 3 = needs 2+ person assist

0	Bed mobility	2	Dressing	0	Eating	0	Home safety awareness
1	Bathing	0	Toilet use	0	Personal hygiene	0	Money management
0	Shopping	0	Laundry	2	Housekeeping		

Wife assisting with buttons and zippers, and some personal hygiene; Patient is totally independent in other areas

Quality of Life

BEHAVIOR / EMOTIONAL PATTERNS

Very frustrated; family reports increasing irritability, sleeplessness

ELIMINATION INCONTINENCE

NUTRITION / EATING

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SKIN CARE

Comments

Other Findings

Assessment

ADL REHAB POTENTIAL

good

Comments

Emotional frustrations and moderate depression are affecting patient's ability to focus on rehab goals

SPECIAL NEEDS

Home Respond unit - for self neuro-muscular re-education program 2x/daily

Rehab Goals

SHORT TERM GOALS

Reduce L hand pain w/in 1 - 3 wks
Increase L 4th and 5th digit ROM w/in 2 - 3 wks
Improve flexion/extension at L MCP joints w/in 2 - 3 wks
Decrease edema L hand w/in 1 - 2 wks

LONG TERM GOALS

Strengthen L hand grip/pinch w/in 3 - 6 wks
Functional L 4th and 5th digit MCP, PIP, DIP flexion 3 - 6 wks
Restore proprioceptive function w/in 4 - 6 wks

Plan of Treatment

Paraffin bath - followed by AAROM all digits and wrist in paraffin glove
PROM L 4th and 5th digit MCP, PIP, DIP joints as tolerated
AAROM 2nd and 3rd MCP joints
AAROM L wrist with forearm supported
Progress to anti-gravity, manual resistance strength building program
Home program - tactile stimuli (sticky fingers, coin roll, paper clip, card shuffle, rubber band extensions, coin flip, ball toss)

2 - 3 times per week for 4 - 6 weeks

Time Start 10:02 AM **Stop** 10:51 AM **Down time minutes** 4 **Explanation** bathroom break

Today's Treatment Record

<u>Code</u>	<u>Description</u>	<u>Minutes</u>	<u>Units</u>	<u>Total</u>
97001	Physical therapy initial evaluation	30	1	30
Total Treatment Time				30



Don Rather, PT
License 78129
NPI 78229034

Reviewed by _____

Physician's Signature

Date

In signing this document, physician certifies that rehabilitation is a medical necessity.